



**LATVIJAS**  
**UNIVERSITĀTE**  
ANNO 1919



Latvijas Universitātes  
Starpnozaru izglītības  
inovāciju centrs

# **LESSON BASED PROFESSIONAL DEVELOPMENT: HELPING PRIMARY TEACHERS TEACH 21<sup>ST</sup> CENTURY SKILLS**

**Dr. paed. Dace Namsone**

*The Interdisciplinary Center for Educational Innovation of the  
University of Latvia*

**14.-16.11.2016**

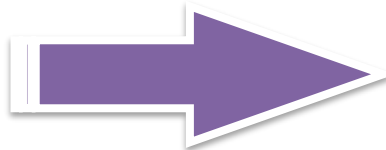




# Deep learning & 21<sup>st</sup> century skills

- Latvia: changes in curriculum for developing 21<sup>st</sup> century skills
- 21<sup>st</sup> century skills can be acquired through deep learning approach (Fullan & Langworthy, 2014)

Accumulate knowledge  
(what we know)



Gather knowledge  
(how we know)



# Problem: Gap between policy & practice

- Lesson observations in Latvia reveal a gap between policy and actual teaching approaches
- (France, Namsone & Čakāne, 2015; Volkinsteine & Namsone, 2016)
- There is a need for additional approaches to help teachers implement teaching of 21<sup>st</sup> century skills

education policy  
regulations

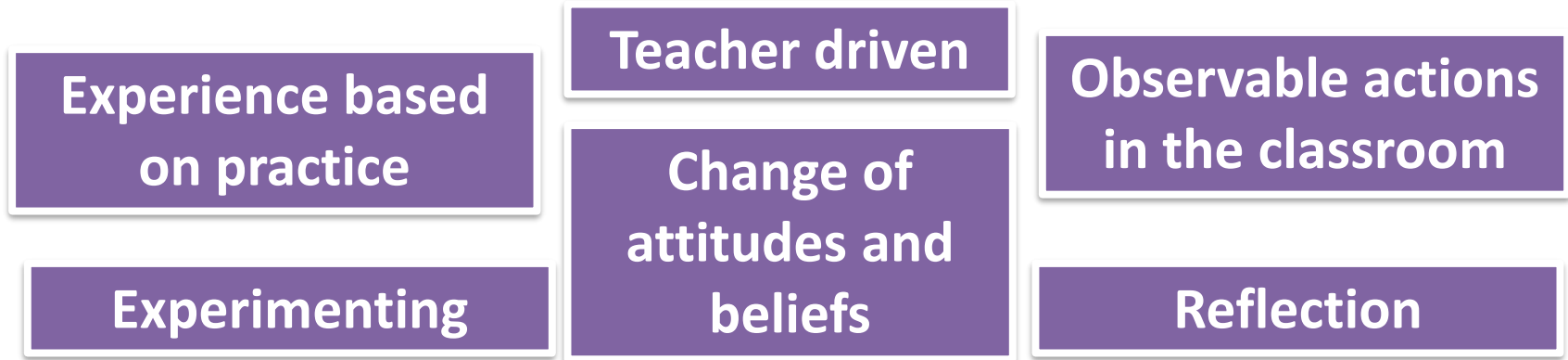


actual teaching  
approaches in schools



# Goal & Research Question

- Development of a lesson-based professional development model consisting of the following elements:



- *What are the first signs that evidence the positive impact on the LBPD model on teacher performance in teaching 21<sup>st</sup> century skills?*



# Methodology: Participants

- Time: two school years 2014/2015 and 2015/2016.
- Two regional primary school teacher groups (consisting of 6 and 7 teams)
- Each team = 2 primary school teachers teaching mathematics and science + school administration representative
- 8 expert-coaches

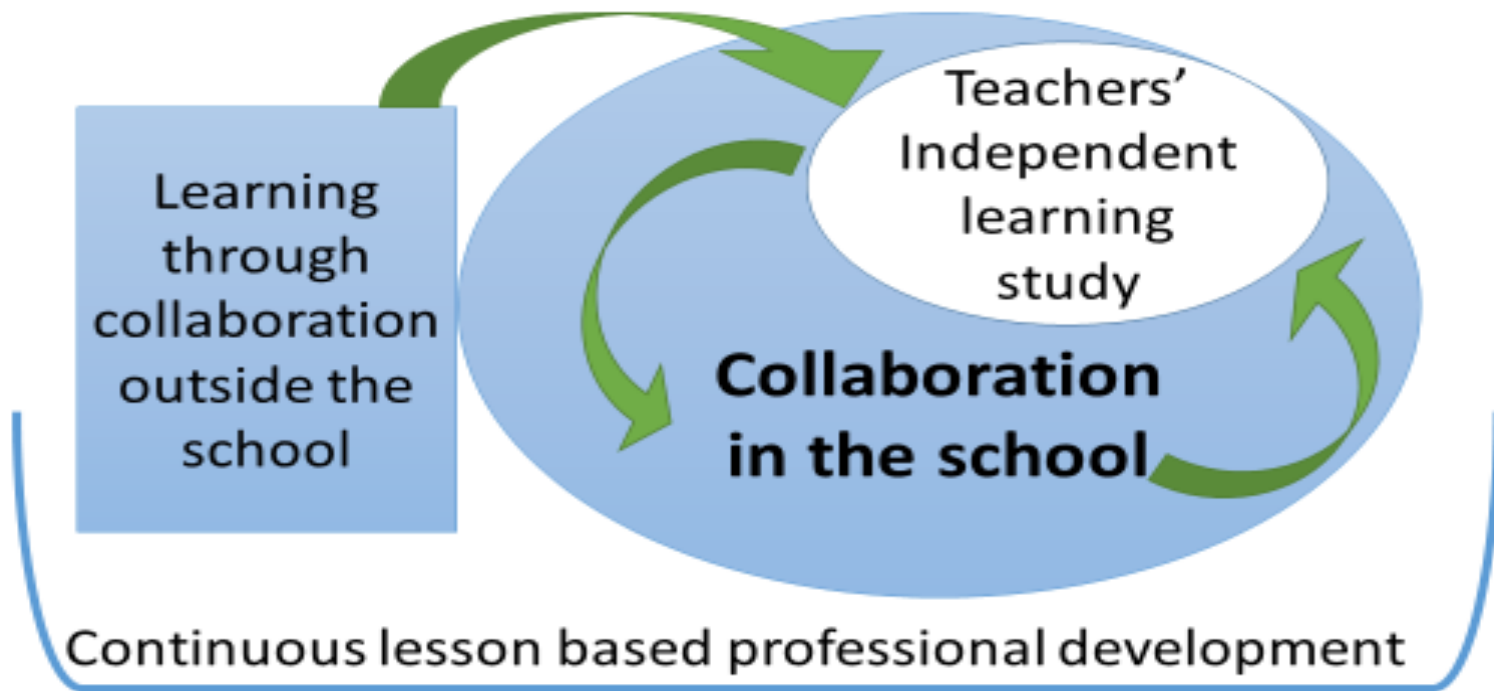


# Methodology: Data sources

- Teacher questionnaires – self-evaluation of skills
- 52 Lesson plans developed by teachers
- 44 Lesson observations
- Structured interviews with school administration (12 participants)
- Final teacher focus group discussion (21 participants)
- Expert-coaches focus group discussions



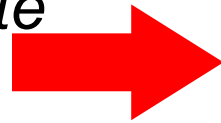
# Proposed model





# Learning philosophy

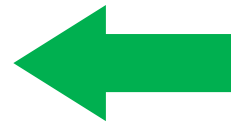
*Stundas efektivitāte*  
*Lasītprasme*  
*IT prasmes*



***New  
experience***



***Collaboration***

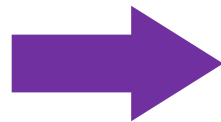


*Community  
Support  
Trust*

*Discuss*

*Observe*

*Reflect*

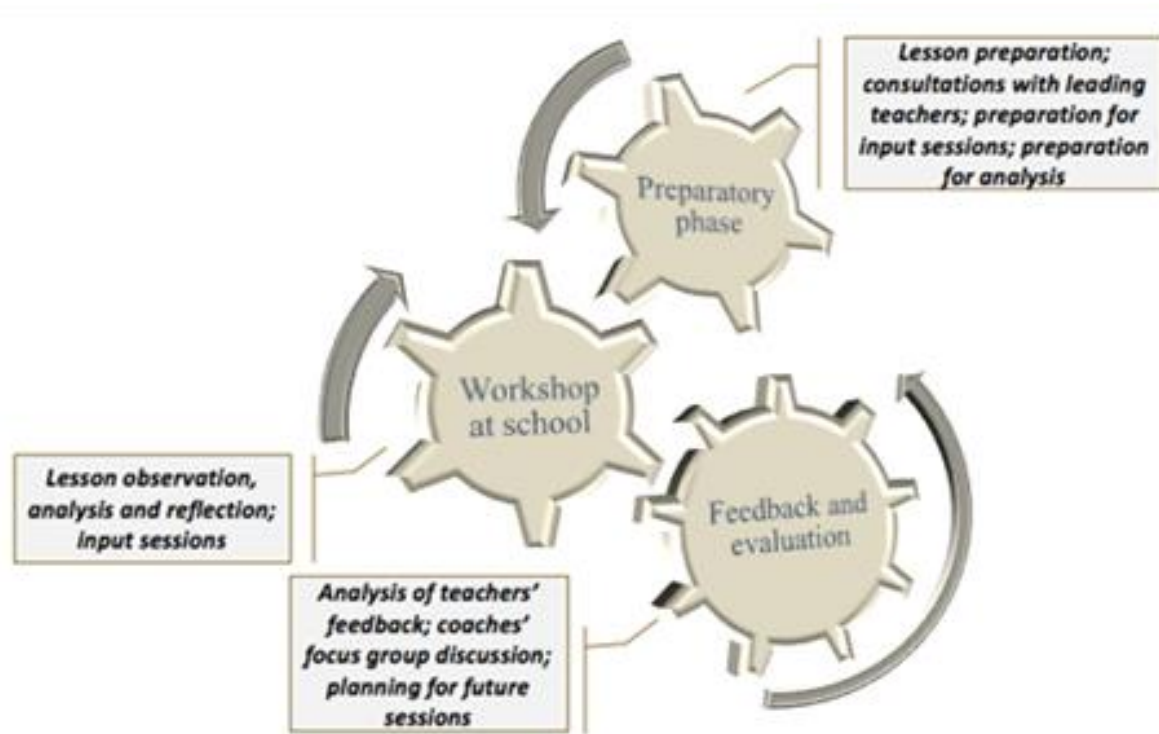


***Reflection***

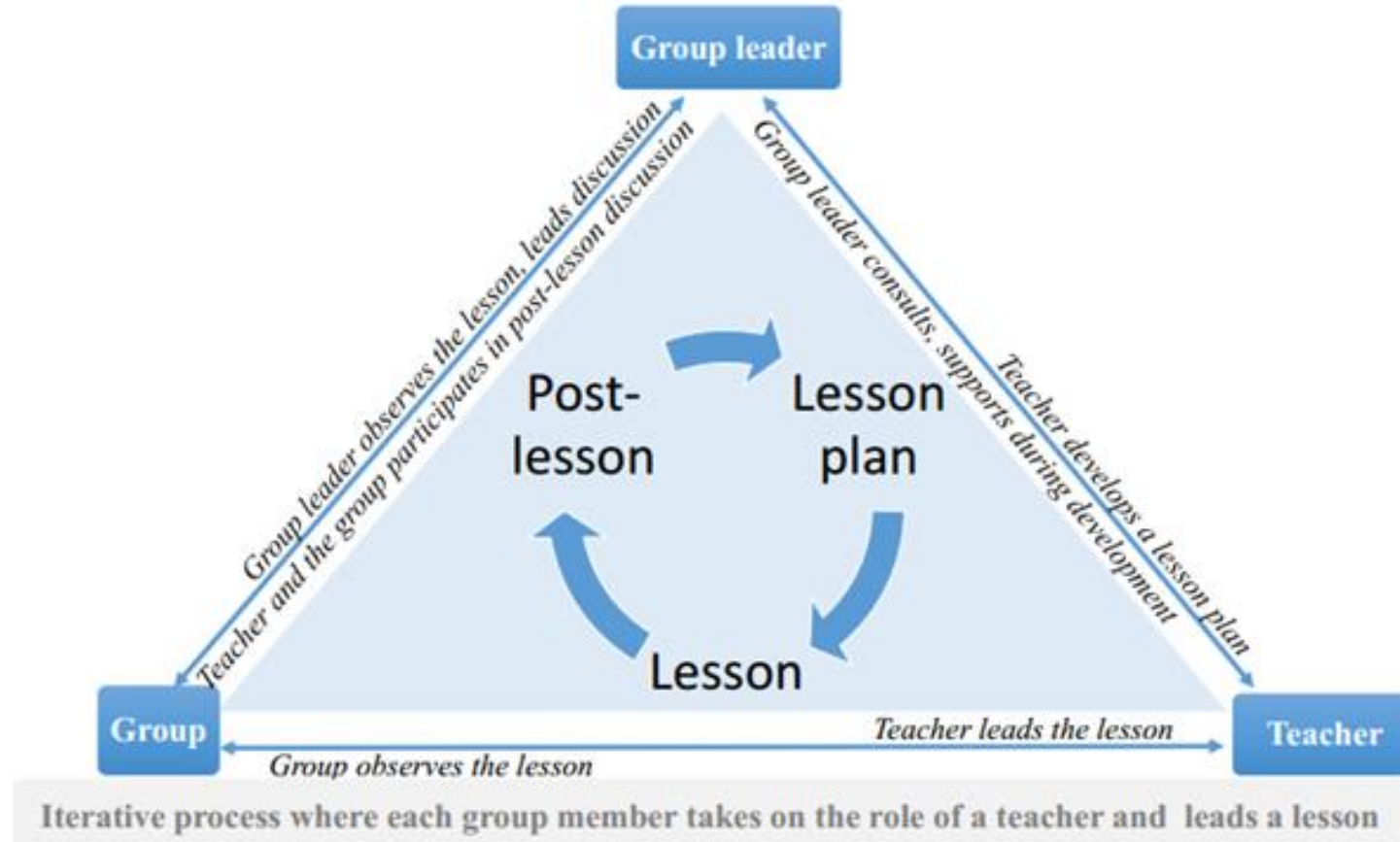


# 1st element of the model: workshops

Longterm workshops for lesson observation & analysis



# Structure of workshops



# 2nd element of the model: lesson studies

- After workshops teachers receive an individual assignment
- Learning study = independent teacher's work happening between workshops
- Development and piloting of lesson plans with the help of expert-coach
- Reflection and finding artefacts after piloting
- In other words = examination of personal practice with an aim of improving it (action research)



# 3rd element of the model: support at the school

- Teacher teams in the school plan, observe and analyse pilot lessons together
- Providing and receiving feedback from each other
- Reflection
- Involvement of school administration



# Curriculum

Transversal skills crucial for the 21<sup>st</sup> century student:

- 1) Analytical and critical thinking (knowledge construction)
- 2) Self-directed learning
- 3) Collaboration



# Main findings (1)

- Teachers acquired experience in developing essential 21<sup>st</sup> century skills in students
- Gradual improvement of skills: giving feedback to students, communicating learning goals and developing student meta-cognitive skills
- Depth of cognitive activity and complexity in 38% of the developed samples reaches level 3 (on the scale 0-4)



# Main findings (2)

- Teachers acquired assurance about the significance of mutual lesson observation and analyses of their professional growth
- Leading, observing and analysing lessons boost motivation to improve teacher's lesson planning and reflect on the essence of the lesson and its effectiveness
- 59% responded "certainly yes", "yes", or "rather yes" that they had acquired assurance as a leader





# Key factors facilitating professional skills

- Regular planning meetings with colleagues (85%)
- Mutual lesson observation and analyses with colleagues (70%)
- Individual feedback on implementation of new things in learning, developed lesson plans etc. from colleagues (75%) and from expert-coach (65%)
- Ongoing collaboration with an expert-coach, analysing performance and planning future activities (40%)



# Room for improvement

- Teachers need help to facilitate more productive discussion in the classroom
- 71% of teachers admit that learning in the model created a certain level of stress
- Work on developing student collaboration skills is continuing because only 19% of lesson plans show a higher level of collaboration in the lesson
- Not all teachers are certain about their immersion and progress; perfect acquisition of the necessary skills takes time: *“I know how to do it, but I have not learned how to do it in the classroom”*



# Implications for policy adjustments

- Rethink the formal regulations for teacher professional education
- LBPD model fails to fit into the formal approach where learning is a one-time course or seminar with occasional attendance
- Effective implementation of innovations require sustainable, long term teacher learning in the school and in their classrooms
- Practice is crucial for teachers to gain assurance of the effect of different teaching methods



# Conclusions

- Main elements in the model that proved to be effective:
- Support for teacher collaboration at the school for mutual learning possibilities
- Individual activity – learning study
- Long-term commitment

Continuation



Independent  
work



Collaboration



# Further research

- There is room for improvement: a need for more experience in learning how to implement teaching of 21<sup>st</sup> skills
- Dissemination of good practices
- More in-depth research on impact of the cross-functional skills on overall student outcome



# References

- Fullan, M. and Langworthy, M. (2014). A rich seam: How new pedagogies find deep learning.
- France, I., Namsone, D. and Cakane, L. (2015). What Research Shows about Mathematics Teachers' Learning Needs: Experience from Latvia. In *SOCIETY. INTEGRATION. EDUCATION. Proceedings of the International Scientific Conference* (Vol. 2, pp. 45-55).
- Volkinsteine, J. and Namsone, D. (2016). Acquisition of student scientific inquiry skills: centralized examination results in chemistry. In *SOCIETY. INTEGRATION. EDUCATION. Proceedings of the International Scientific Conference* (Vol. 2, pp. 373-386).





Latvijas Universitātes  
Starpnozaru izglītības  
inovāciju centrs

More information:

[Dace.Namsone@lu.lv](mailto:Dace.Namsone@lu.lv)

